# CONSOLIDATING OUR THEORY OF CHANGE







# The u'GOOD theory of change

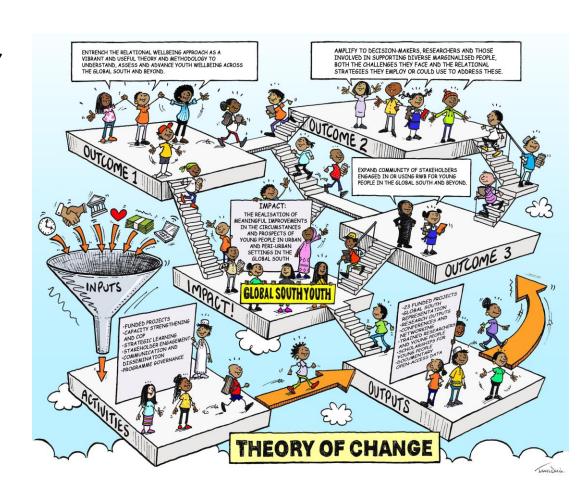
- A Theory of Change (ToC) is comprehensive framework that maps out the different activities a programme will employ to reach its desired change and impact.
- Embedded within a relational working approach, we view the u'GOOD ToC as a 'living' theory which we will review and refine over the next few years.
  - this will be a collective endeavour, with inputs from the funded projects, the project advisory group (PAG) and our implementation team (NRF and HSRC colleagues)
- As a formative step to collaboration, the first iteration of the ToC was developed by our implementation team through a two-day participatory workshop.
- We then presented this version to the PAG and funded projects through virtual meetings
- Recognising the challenges that virtual sessions hold for in-depth engagement, the current session is a purposive opportunity for us to revisit our ToC.





### Purpose

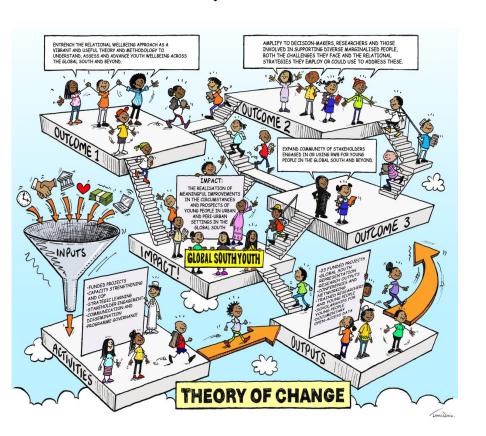
- Over the past few weeks, we have worked with an artist to bring our ToC 'to life' through a visual illustration or mural
- We wanted to create a mural that allows you to a.visualise your contribution to u'GOOD and, b.through this, engage in discussions on how the ToC can be improved







## Prompts for discussions



The aim is to discuss 3 questions

- Where and how do you see your work and/or your role contributing to the ToC? (green)
- Which elements of the ToC are you unsure about? (blue)
- Are there elements missing from the ToC that you would like to recommend? (yellow)
- In all, are we in agreement with the ToC?

Please identify 1 person who will scribe and 1 who will report back to the bigger group at the end of the session





### How it works

- On your tables, you will find the following:
  - The ToC mural and more traditional version
  - Different coloured stickers to be used when engaging with the ToC
  - Flipchart paper and pens
- Using the stickers, you will respond to the questions (on your tables)
- Each sticker colour corresponds to a particular question which you will engage with in the following steps.
  - a.Each person will place a sticker on the elements displayed on the illustration that best reflect your response to the question. We have assigned 5 minutes for the sticker placing activity.
  - b.Each person will describe why they have placed their sticker at the specific elements. We have assigned 10 minutes for each question
- These steps will be followed systematically, working our way from question 1 to 3. We will signal you when time has lapsed for each step.
- At the end of the session, we will ask the responders to share one takeaway from the discussions and collect the notes taken by the note takers.





### THEORY OF CHANGE

IMPACT: The realisation of meaningful improvements in the circumstances and prospects of young people in urban and peri-urban settings in the Global South

### **OUTCOME 1:**

Entrench the relational wellbeing approach as a vibrant and useful theory and methodology to understand, assess and advance youth wellbeing across the Global South and beyond.

- 1.1. Increase the prevalence of relational wellbeing concepts, theory, methodology and practices in literature.
- 1.2. Advance the utilisation of relational wellbeing concepts, theory, methodology and practices in relation to youth wellbeing in the Global South and beyond.
- Enhance capacity to apply RWB in advancing youth wellbeing in the Global South.

### **OUTCOME 2:**

Amplify to decision-makers, researchers and those involved in supporting diverse marginalised people,

both the challenges they face and the **relational** strategies they employ or could use to address these.

- 2.1 Influence the uptake of relational wellbeing in youth-related policy by decision-makers.
- 2.2 Motivate changes in the practices of the stakeholders involved in supporting young people in the Global South, in terms of a greater understanding of the utility of relational wellbeing in funding and other activities.
- 2.3 Create opportunities for an increase in youth voices and agency in research, practice and policy in the Global South.
- 2.4 Facilitate a broader empirical base on the challenges faced by young people in the Global South and the relational strategies they deploy to address them.

### OUTCOME 3:

Expand community of stakeholders engaged in or using RWB for young people in the Global South and beyond.

- 3.1 Embed relational practices in the work undertaken among stakeholders involved in supporting young people in the Global South.
- 3.2 Foster a new shared, critical understanding of the RWB framework among stakeholders.

### **ASSUMPTIONS:**

- 1. Young people's willingness to engage
- Young people's preference for relational strategies & RWB
- Value of RWB & buy-in by academia
- Willingness for collaboration & collegial relations among stakeholders
- Time investment
- Relative consistency of funding priorities & required resources
- Conducive policy environment
  - Stability of socio-economic & political context globally

### INPUTS

- Funding
- Human capital
- Physical & online resources / technology
- Time
- Collective investment &

relational practices

### **ACTIVITIES: (Work packages)**

- Funded projects
- Capacity strengthening & CoP
- MESL framework
- Stakeholder Engagement (networking, collaborations, meetings)
- Communication & Dissemination
- Governance, partnerships & programme management

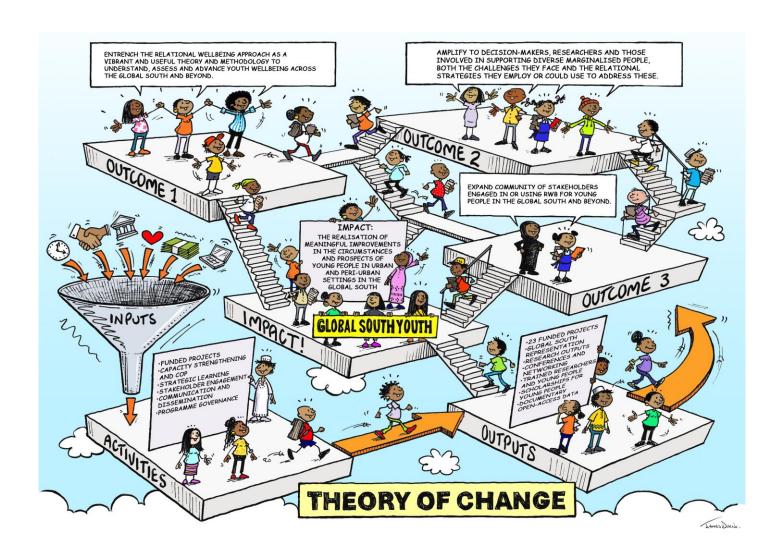
### **OUTPUTS**:

- 23 funded projects
- Global South representation (CoP)
- Research outputs (academic, media briefs, reports & strategic learning briefs)
- Conferences, workshops & webinars
- Trained researchers & skilled young people
- Scholarships for young people
- Webpage and social media
- Documentary & external communications
- Open-access data produced by projects / prog (incl MESL)



INTERMEDIATE OUTCOMES









# Questions



